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| **Science**  **Forces**  Year 5 | Self Assessment |
| * Do I understand that air resistance and water resistance are forces against motion caused by objects having to move air and water out of their way? |  |
| * Do I know that friction is a force against motion caused by two surfaces rubbing against each other? |  |
| * Do I understand that some objects require large forces to make them move; gears, pulley and levers can reduce the force needed to make things move? |  |
| * Do I know that some objects/animals are streamlined to minimise the effects of air/water resistance? |  |

√ Tick to show which objectives were covered

Science Pink highlight to show pupil has understood

 Pupil to colour face to show how they felt they understood